



College Prep Evaluation | Lamont Stokes
Height/Position | 6'0 Point Guard
Classification/School | 2024 Fort Worth Eaton HS

Date: January 14th, 2024

Lead Evaluator: Coach V (21 Year College Recruiting Coordinator at the D1, D2, D3 & NAIA Levels with over 30 Years Experience in the Recruiting Industry)

Secondary Evaluator: NAIA AC (Entering his 4th Season with NAIA and JUCO Experience)
UCExposure Evaluations is our Guide to Building a Recruiting Game Plan tailored to the Individual Player

Projected Level | D2 JUCO / NCAA D3+

Potential Level | JUCO / Up-Tempo NAIA (JC would be a Great Route if you could get one more Year to Develop Your Overall Perimeter Skill Set/3pt Shot you would have NAIA/D2 Level Offers)

College Prep Evaluation: Speedy Open Court Pass 1st PG who is at his best when the Game Speeds up. Does a really good job of getting downhill in transition and finding the open man or finishing plays at the Rim. Most PG's will take one too many dribbles when leading the Break, while Lamont is great at surveying the Floor and passing it ahead after one to two dribbles to an open teammate that is sprinting their lane. He would be a great fit in an Up-Tempo System that pushes it off every miss and

looks to score in early Offense (1st 10 seconds). Lamont pushed it or passed ahead without wasting dribbles or going east to west that led to several easy baskets for himself or a teammate without making a lot of mistakes. Offensively, he must be able to knock down one or two timely 3's when left wide open or do a better job of attacking the paint vs Zone Defenses. Right now there is little to no evidence on Game Films that Lamont can keep the D honest by knocking down one or two open 3s a Game. Your shot mechanics on FTs are good, so it's a matter of being shot ready and taking the wide open shot without hesitation while playing to your strengths (Attacking the Paint). Defensively, you are a scholarship level On Ball Defender who does a great job pressuring the ball without giving up straight line drives. A lot of players showcase effort without Defensive Discipline, so they look good to parents in the crowd but to College Coaches the question is "Can you apply pressure without getting beat off the Dribble?" Lamont does both and does it at a Scholarship level. However, off the Ball he has too many possessions where he Reacts instead of Attack and although he is in the right position a large % of time off the ball, he rarely makes plays due to standing straight up and only playing hard after his man catches it. Finally, one major area exposed that takes one game to improve unlike shooting the 3pt shot is Rebounding the Ball on the Defensive End of the floor. When PGs secure Boards on Defense and are really good playmakers like Lamont, it instantly leads to Fast Break Opportunities and Lamont would be in position to make more plays in transition which is his College Ready Strength. Not to mention College Coaches love Guards that get in the Mix on the Glass. Your first Defensive Rebound was late in the 2nd Quarter vs Mesquite and it came to you. Make it a point moving forward to pursue Rebounds when shots go up instead of leaking out and it's a Win-Win for you. Your team plays faster and it's an easy stat to sell to College Coaches that indicate a kids 'Motor'

Key Plays Good & Bad to Review:

1. **5:30-5:15 1st Quarter vs Mesquite** (Scholarship Level Ball Defense)
2. **4:44 2nd Quarter vs Mesquite** (Good Off Ball Steal - Anticipates and Attacks)
3. **5:30 3rd Quarter vs Mesquite** (100% Should be a Steal off the Ball with Your Speed and IQ. Almost 70% of your Off Ball Defensive Possessions are similar to these type of Plays-Game of Inches)
4. **6:43 4th Quarter vs Mesquite** (2nd Defensive Rebound-Both Boards Come to You instead of you turning and Pursuing Long Rebounds)

5. **44:11 Mark vs TC** (Perfect Time to Huddle After the Other Team gets an And 1-You must showcase Leadership Traits on Game Films to move onto Scholarship Level Boards)
6. **45:11 Mark vs TC** (Until You get Confident shooting Wide Open 3s - ATTACK ATTACK ATTACK the Gaps vs a Zone D like this Play)
7. **59:34 vs TC** (You Do Great at Passing Ahead-Imagine getting 4+ Defensive RPG and that keeps the Game Fast where you look your best)
8. **1:07:41** (Another Help D Possession where You Stand Straight Up and Don't Move Until the Catch)

College Ready Games to Upload to Lamont's Player Card:

Game #1: Select A Game where you get in the 15+ Paint Touches, score 15-18 points and finish with a high Assist to Turnover Ratio 9 assists 2 turnovers for example. If you have a Game similar to this where you knock down 1 open 3pt shot that will be a good one to showcase your strengths.

Game #2: Moving Forward, If you have a Game where you get 5+ Rebounds and 5+ Off Ball Steals/Deflections or attempted Charges (Help Defensive Plays) that will not only show Progress in Areas Mentioned but be a great Balance between both Games for Coaches to see your full Potential.

Lamont Stokes | Keys Down the Stretch

1. **Build A Routine:** Four 55 Minute Workouts a Week where you shoot 250 Game Speed, Game Shots from Game Spots that are all beyond the Arc. Keep Attacking the Paint while working behind closed doors on knocking down the 3 and shooting the wide open shot with more confidence (Your Mechanics and Release are good on FT Attempts) This may not help until Camp Season or when I get you workouts after the Season but it will develop Confidence to be shot ready when left wide open.
2. **ATTACK ATTACK ATTACK:** Even though you lead Eaton in APG there are 6-8 Possessions a half when You guys are not running your stagger Offense that you can get in the paint and attack a Gap (Vs Zone or Man) You are one of the best on Game Films when you are

attacking downhill and making a play and the right play. Stay in Attack Mode when your not running an Offensive Set!

3. To Move Onto Scholarship Level Boards in 60 Days, you must drastically Improve your Activity on the Defensive Glass and Your Off Ball Defense. Both of these do not take months or years to improve like shooting or skill work, it takes you watching some full games, being your own worst critic and making up your mind to be much better in both. Track Progress after every 3 Games and evaluate a full Game to see if you pursue Defensive Rebounds and anticipate instead of react after the Catch on Help D.

The Uncommon Approach to Gaining Exposure

We use College Prep Evaluations to Elevate clients on court performance, act as a Guide to Selecting College Ready Game Films that Stand Out, and provide behind the scenes insight through the lens of a College Recruiter to enhance not only the Prospects Recruitment but Knowledge on how to Increase their Recruitment. The Midseason Assessment & College Prep Evaluation is Key heading into the Spring as we begin to Promote Prospects to college Programs that FIT and Coaches start Researching UCExposure Recruits..

College Ready Strengths | Playmaking, Excellent Court Vision (Passer), and When the Game Speeds up on Offense and Defense Lamont is at his best.

Areas Exposed on Game Films | Shooting the 3 (Perimeter Shot), Help Defense, Defensive Rebounding

Lamont's Highlight Video | Social Media Athlete Marketing

Length: 1:30-2:00 Max | 20-25 Clips

College Ready Strengths to Highlight | 15-20 Clips: Select 10 Clips of you getting in the paint and finishing plays in transition, attacking off the bounce in the HC and hitting mid-range shots, or attacking the paint and making a great pass to get a wide open shot for a teammate. Mix in 5 Clips of you Passing Ahead after 1 dribble

Position Specific Plays that Stand Out To College Coaches | 5-10 Clips: For Now Just Select the best 7-9 On Ball Defensive Pressure Clips You can find and include ones where they can't screen you. You do a great job of getting over the top of ball screens and drawing fouls so plays like that or when they have an unforced TO due to your pressure will stand out. Mix these in after every 4 Offensive Clips.

Spring Semester | Targeting the Right FIT

- Based on Professional insight from Experienced College Coaches who are involved with the Recruitment of Student-Athletes, we are able to Guide our Clients on Games that will move them up College Coaches Boards, target the right FIT, and promote them throughout the Spring to the projected Levels until Interest turns to an Offer **(It just takes One)**.
 - **Offensive fit** | The Faster the Pace the Better. Start Researching any/all JUCO, D3s & NAIA Programs that Avg. 80-90ppg and share your Player Card with them directly via email.
 - **Defensive fit** | Any Teams leading their League in SPG and Forced Turnovers at those Same Levels would be good to Target. Again, start sharing your Player Card with the lead AC and HC with those programs after doing some Research on their System.

MAKE NOTE: Top Prospects | Take Advantage of the Behind the Scenes Insight Until Interest turns to an Offer: The College Prep Evaluation is a Guide to Select Games to Upload to Player Cards that will 'Gain Interest', Create Your Highlight Video Showcasing College Ready Strengths that Stand Out to Coaches, and build Your Recruiting Game Plan

so we can target College Programs that FIT. Interest will turn to Offers for Players that Follow their Recruiting Game Plan!

Spring 2024 | Lamont's Recruiting Game Plan

Follow Your Game Plan | #1 Set a Specific Goal for Defensive RPG & Off Ball

Steals/Deflections down the Stretch: 4+ Defensive RPG & 3+ Off Ball

Steals/Deflections are realistic and you should track progress in those Areas by reviewing your Averages every 3 Games. Don't overthink, just play and look after 3 Games if your meeting these Goals. #2 Work on Your Weaknesses while playing to your Strengths (Get 1000 3pt Shots up a Week for 60 Days | 4 Workouts 250 3pt shots Per Workout a Week) and ATTACK the Paint consistently when Coach is not running a set. You are tough to Guard and that is a Scholarship Level Strength of yours is making plays off the bounce and passing the Ball. #3 NON-VERBAL COMMUNICATION ,MUST BE CONSISTENT THE LAST 5 GAMES. When I make my hardest push, they need to see you huddling teammates on FTs, Dead Balls, after Timeouts Etc. I only Counted 2 semi-huddles in 2 Full Games and that is not enough to display PG Leadership Traits. I know you're a great teammate but on Film you can't tell who the true leader is, and you're the PG. Go ALL-IN!